

PRP & Cosmetic Sexual Surgeries



**Genital Cosmetic
Surgery**
for both
Women & Men

Er♀♂**med**
Urology & Reconstructive Clinic

What is Platelet-Rich Plasma (PRP) therapy, and can it benefit sexual health or performance?

Platelet-rich plasma (PRP) therapy refers to injections used to reduce inflammation and promote tissue healing. Athletes sometimes have PRP to speed up the healing of sports injuries. PRP has also been used for hair loss, cosmetic surgery, and osteoarthritis.

Some practitioners use PRP injections into the penis or the vagina to **improve sexual function and satisfaction**.

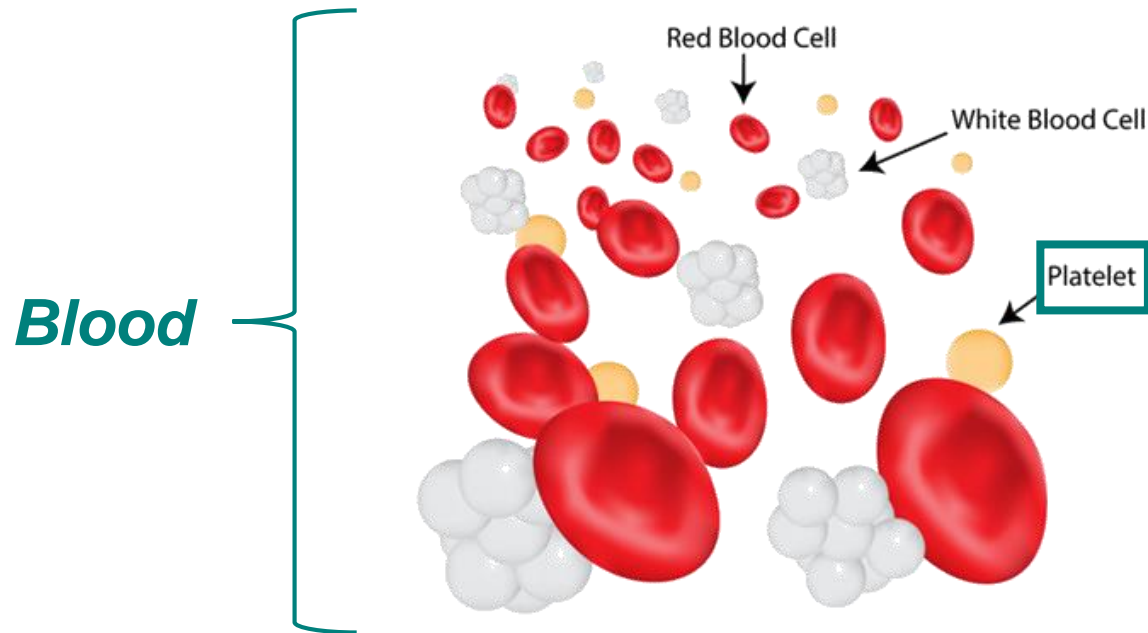
P Shots and O Shots

For men, the injection is called the “Priapus shot” or “P shot” and is used to improve erections and increase penis size.

For women, PRP therapy is called the “Orgasm shot” or “O Shot.” Practitioners use the shot that leads to heightened libido, better vaginal lubrication, and more intense orgasms.

The process involves separating platelets from a patient’s own blood adding them to reagents and injecting them directly into the genitals.





What are platelets?

When a person has a cut, scrape, or other type of bleeding wound, *platelets* – small blood cells – work to stop the bleeding by clotting the blood. Proteins in platelets also contribute to wound healing.

Scientists believe that injecting platelets from a patient's own blood into a wounded area could help it heal more quickly, due to angiogenesis and better healing.

In 2018, the Sexual Medicine Society of North America (SMSNA – an ISSM-affiliated society), released a position statement on ED restorative therapies, including PRP therapy.

The organization encourages further research so that clinicians can fully understand the pros and cons of therapy, as well as its **long term safety**.

Based on our experience of more than 100 patients, joining PRP with ED1000 has scored a **very high success rate in all our patients**.



People considering PRP therapy for sexual dysfunction are encouraged to see their healthcare provider for advice on standard treatments that are backed with solid scientific evidence.

In some cases, patients see sexual improvements by making **lifestyle changes**, addressing an existing **health condition** (such as diabetes or heart disease), changing medications, counseling, or **communicating more openly** with a partner.



Cosmetic Sexual Surgeries

Sex and self-confidence: **Do genital enhancements help?**

Within the field of plastic surgery, genital cosmetic surgery has been picking up steam for both women and men. Here, we look at some of the options, whether they can bring added general or sexual satisfaction, and what to keep in mind when considering genital cosmetic surgery.

Nowadays, there are plenty of genital cosmetic interventions and other genital "improvements" that have become available to both men and women who, for one reason or another, may feel dissatisfied with their nether regions.



FEMALE genital cosmetic surgery

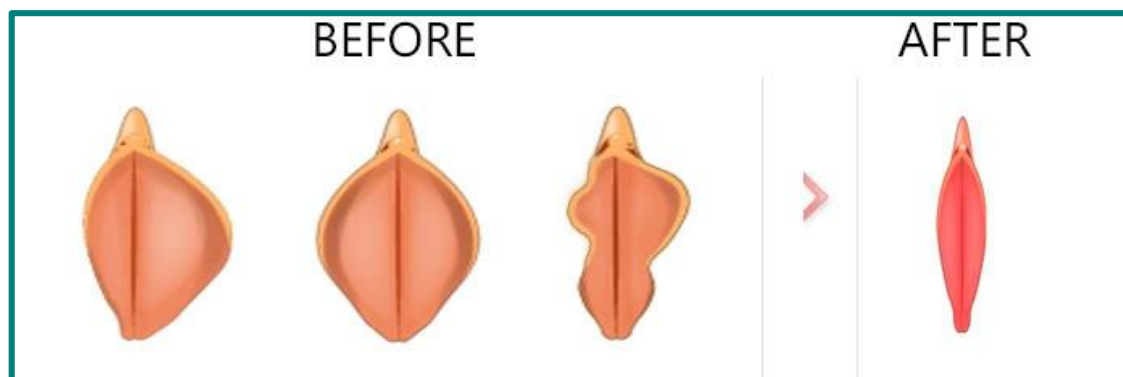
Women have a choice of genital enhancement or rejuvenation procedures, some of which focus on making their private parts look aesthetically pleasing or feel more comfortable, while others aim to help women achieve improved satisfaction under the sheets.



Labiaplasties

Labiaplasty is probably the best-known genital cosmetic intervention for women. In it, the size of one or both of the inner labia, the "lips" flanking the vaginal opening, is reduced.

This is usually done when one labium is visibly longer than the other one and is aesthetically unpleasing, or when the size of one or both of the labia makes sex or other physical activities uncomfortable or painful due to excessive tugging and twisting of the skin.



Sometimes, labiaplasties are accompanied by a clitoral hood reduction procedure, though this type of intervention can also be carried out separately, which involves reducing the folds of skin that "sheathe" the clitoris.

This can be done purely to improve appearance following a labiaplasty or to improve clitoral sensitivity.

Women may also opt for an intervention to reduce their labia majora (labia majoroplasty), which are the outer "flaps" of skin that cover the labia minora.

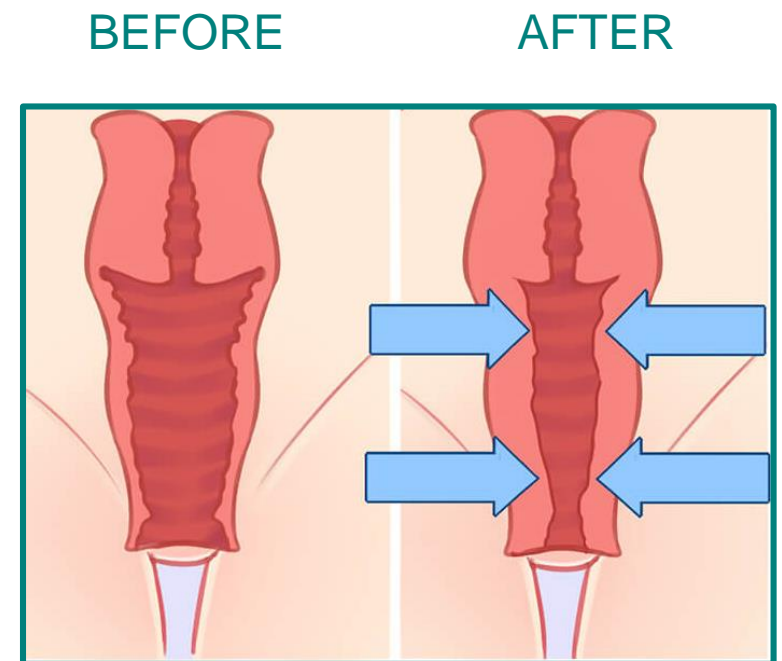
Monsplasty and vaginal tightening

Another type of cosmetic intervention offered in our clinics is the **monsplasty**, or the reduction in size of the mons pubis, which is the area just under the belly and above the labia majora. This part of the female body forms a natural protuberance, but some women may feel uncomfortable about its size.

In these cases, liposuction is often performed to remove excess fat from that area, and sometimes the removal of some skin is also necessary.

Vaginal tightening, or **Vaginoplasty**, is a "rejuvenation" procedure in which a woman's vagina is tightened, often required by women after having gone through natural childbirth, which can cause the vagina to become more stretched.

Vaginoplasty can involve "going under the knife," though sometimes noninvasive procedures such as laser surgery are also available with excellent outcome.



O-shots, short for "orgasm shots", are interventions wherein platelet-rich plasma Trusted Source, derived from a person's own blood, is injected into the clitoris and neighboring vaginal area. This is supposed to boost clitoral sensitivity, allegedly making women more likely to experience "mind-blowing" orgasms.

Similarly, G-shots — short for "G-spot shots" — aim to enlarge the surface area of the controversial and elusive G-spot with the same goal of

Enhancing Sexual Gratification



MALE genital cosmetic surgery

In the case of men, the best-known interventions are those related to **penis enhancement**, and they are usually of two types:

Penile Elongation Surgery

This procedure usually relies on making what is already there more visible by cutting the ligament that connects the base of the penis to the lower pelvis, so that more of the male member is uncovered

Penile Augmentation

This refers to adding thickness to the penis, which is usually done by removing fatty tissue from other areas of the body where it is found in excess, such as the abdomen, and injecting it under the skin of the penis, or by using fillers as in other parts of the body.

PS: Other available procedures include scrotal reduction and testicular implants. Scrotal reduction, or scrotoplasty, involves removing excess skin from the scrotum. This may be required by men who are unhappy about their scrotum size or, more rarely, who have a congenital condition.





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